



## Training and Education Programs for Underse

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### Certificate Readings - Advocacy and Leadership

**Competency 1.2: *Understand the various roles physicians can play in effecting change in health care systems and policies.***

 [Turning Doctors Into Leaders April 2010.pdf](#) [1]

[Public Roles of US Physicians.pdf](#) [2]

[Physician Citizens.pdf](#) [3]

[Medical Education and Political Advocacy 1.pdf](#) [4]

[Medical Education and Political Advocacy 2.pdf](#) [5]

[Medical Education and Political Advocacy 2.pdf](#) [6]

[Medical Education and Political Advocacy 2.pdf](#) [5]

- [The Dawn of System Leadership](#) [6]

**Competency 1.6: Use a political analysis framework to identify key players, their influence on policy and how you might work with them to advance your positions**

[Political Analysis for Collaborative Process Managers.pdf](#) [7]

**Competency 1.9: Learn to Identify Burnout and Demonstrate Self Care**

[Physician Burnout Coaching a Way Out.pdf](#) [8]

[Harvard Business Review: Why Some People Get Burned Out and Others Don't](#) [9]

- [Caring for oneself to care for others: physicians and their self-care](#) [10]
- [IHI Framework for Improving Joy in Work](#) [11](must register to access)

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**Links:**

[1]

<https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Turning%20Doctors%20Into%20Leaders%20April%202010.pdf>

[2] [https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Public%20Roles%20of%20US%20Physicians\\_1.pdf](https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Public%20Roles%20of%20US%20Physicians_1.pdf)

[3]

<https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Integrated%20Approaches%20to%20Defining%20and%20Measuring%20Leadership%20in%20Health%20Care.pdf>

[4]

[https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Medical%20Education%20and%20Political%20Advocacy%201\\_0.pdf](https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Medical%20Education%20and%20Political%20Advocacy%201_0.pdf)

[5]

[https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Medical%20Education%20and%20Political%20Advocacy%202\\_0.pdf](https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Medical%20Education%20and%20Political%20Advocacy%202_0.pdf)

[6] [https://ssir.org/pdf/Winter\\_2015\\_The\\_Dawn\\_of\\_System\\_Leadership.pdf](https://ssir.org/pdf/Winter_2015_The_Dawn_of_System_Leadership.pdf)

[7]

<https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Political%20Analysis%20for%20Collaborative%20Process%20Management.pdf>

[8]

[https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Physician%20Burnout\\_Coaching%20a%20Way%20Out\\_0.pdf](https://stepup.ucsf.edu/sites/stepup.ucsf.edu/files/Physician%20Burnout_Coaching%20a%20Way%20Out_0.pdf)

[9] <https://hbr.org/2016/11/why-some-people-get-burned-out-and-others-dont>

[10] <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3974630/>

[11]

[http://www.ihl.org/resources/Pages/IHIWhitePapers/Framework-Improving-Joy-in-Work.aspx?utm\\_source=NEJMCatalyst&utm\\_medium=Article&utm\\_campaign=2018\\_Fall\\_JIW&utm\\_term=](http://www.ihl.org/resources/Pages/IHIWhitePapers/Framework-Improving-Joy-in-Work.aspx?utm_source=NEJMCatalyst&utm_medium=Article&utm_campaign=2018_Fall_JIW&utm_term=)